

# Cascade Middle School student releases her first single

Wednesday, September 18, 2019 5:24pm | [NEWS](#)



Autumn Helene Chociey. COURTESY PHOTO

Autumn Helene Chociey, a 12-year-old honors student at Cascade Middle School in Auburn, has released her first single, “You Won’t Regret A Thing.”

It can be found on Amazon Music, Apple Music, Deezer, iTunes, Google Play, Spotify and YouTube Music.

Chociey wrote the song in response to being bullied. Her lyrics and treatment of the music convey the physical sensations and emotions she was feeling at the time, and this is her way of taking her power back. She hopes her song resonates with

other girls and helps them to reach out for help and support if they are ever in a similar situation.

The Auburn girl studies piano, guitar and songwriting. She plays the clarinet in the school band and is in her first rock band, The Sleeping Kings, through the Ted Brown Music Outreach LiveItOutLoud program.

Chociey has been training with Rainier Youth Choirs for the past five years. She is a member of the American Songwriters and West Coast Songwriters.

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